

Hello reader,

Welcome back to the SRHR Spotlight Newsletter!

Dive into a world of curated insights, thought-provoking discussions, and fresh perspectives with our tales. Whether you're a seasoned enthusiast or just starting your journey into our niche, we've got something special for you.

Here's what you can expect from the newsletter:

In-depth analysis: Unravel complex

topics with our detailed analysis and expert commentary. We break down the latest trends and developments in SRHR, population and development to help you stay informed.

Thoughtful reflections: Explore new ideas and challenge your perspectives. Our thought-provoking stories encourage critical thinking and intellectual curiosity.

Global perspectives: From local SRHR stories, to global issues, we cover a wide range of topics to provide a holistic view of the world around us.

Creative inspiration: Discover the intersection of creativity and innovation. We showcase inspiring stories, artistic creations, and imaginative endeavors that push boundaries and inspire change.

With this and more, you have no excuse for not flipping the pages of the SRHR Spotlight Newsletter. Join our community of curious minds and embark on exploration and discovery.

Dive in and let's inspire to thrive!

THE UNWELCOMED GUEST! ARE WE SURE WE UNDERSTAND HIS LANGUAGE?

Since time memorial, we have lived with this Unwelcomed Guest. At first, we bothered less. With time, we apprehended he (or it's a she!) was a hurdle to the country's development efforts. Many of us rose up in arms to fight the Unwelcomed Guest. The Government invested and laid strategies. The Donors invested and contributed to strategies. The civil society joined the battle field and so were other non-state actors, including communities. However, for two decades, scant progress has been made to defeat the Unwelcomed Guest. He is still having the last dance.

Last month, the country received the final report of the Uganda Demographic and Health Survey (UDHS) 2022 findings. Everyone was excited. We registered incredible improvement in many indicators between 2016 and 2022. General contraceptive use increased from 35% to 37%- but we know among adolescents the rate is still low; infant mortality reduced from 43 deaths per 1,000 to 36 deaths per 1,000, maternal mortality ratio reduced from 336 deaths per 100,000 to 189 deaths per 100,000.

This is great. This calls for celebrations. But this is not enough. We have failed to find a solution to one vice. Teenage pregnancy- the Unwelcomed Guest. Almost nothing has changed. We still have four out of ten teenage girls getting pregnant before they celebrate their twentieth birthday.

The question is, what are we not doing right as a country? What should we do differently?

The biggest challenge: our young people are sexually active. This is a fact. Statistics show that one out of five women in Uganda engages in sexual activities before the age of 15, while 64% have their sexual debut before the age of 18.

Unfortunately, as a country we have failed to reach consensus on investing in increasing contraceptive use among sexually active adolescents.

Countrymen and women, it's time to have honest conversations about contraceptive use by adolescents.



This might not be the most popular option, but we think it's the most strategic.

We need to borrow a lesson from the strategy employed by the late Anglican Bishop Misaeri Kauma- the open approach to HIV/AIDS, that helped to curb the pandemic.

Speaking to adolescents and young people, Bishop Kauma emphasised, "If you become a fool by indulging in fornication and promiscuity, never be so stupid as to refrain from using a condom." This actually worked.

Consequently, if our adolescents can't refrain from having sex, we should make them "wiser" and enable them to use contraceptives including condoms.

As a society, we should empower adolescents to make informed decisions about their reproductive health. We need to recognise that access to a variety of contraceptive methods is essential for improving their well-being.

This is one of the moments where the end justifies the means. For us, we want our girls to stay in school. We want

them to contribute to the development of this great nation. We don't want them to leave school because of pregnant related causes. Yes, the best would be to delay sexual debut, but what is the practice?

Remember, as a country we have a target – the Uganda Vision 2040. One of the pre-requisites of attaining our vision is to reduce total fertility rate to 2.8 children per woman by 2040. However, in the last six years we could only reduce this by two-point decimals- from 5.4 children per woman in 2016 to 5.2 children per woman in 2022.

Why is this so! Ugandan women start to giving birth while young, consequently having many children in their life time.

Therefore, for a developed Uganda, we need to put an end to this. Invest more in contraceptives for sexually active adolescents.

May be this is the language the Unwelcomed Guest will understand

Let's not fail our young people!

STAR GOVERNMENT AGENCY

Are there any doubters! The busiest kitchen of any Government ministry/department/agency is that of the Uganda Bureau of Statistics (UBOS) kitchen! Since 2024, UBOS has been cooking. Launch, release, commission, disseminate, etc, are some of the words on invitation letters to Ugandans from UBOS.

report of the Uganda Demographic and Health Survey (UDHS) 2022 Key Findings. We even know the latest number domestic animals in the country, thanks to the 2021 National Livestock Census results disseminated in March. And so was the release of the 2023 Statistical Abstract covering statistics on the environmental, demographic, socio-economic, production and macroeconomic sectors.

And voila the yummiest meal that has taken a toll of everyone at UBOS is almost at the dinner table: The National Population and Housing Census (NPHC) 2024. The Census will be conducted for a period of 10 days starting on May 10, 2024 to May 19, 2024. To get ready for this, UBOS has had numerous engagements. They conducted the national training of trainers, trained district leaders across the country, among other engagements.

Definitely, we are excited about the census for it provides benchmark information on the population distribution, age and sex structure, as well as other key socio-economic and demographic characteristics. Information that plays a critical role in guiding planning, policy formulation, and programme implementation as well as monitoring development progress in line with the national goals and objectives.

UBOS, you are competing with none for the 2024 first quarter SRHR Spotlight Newsletter, Star Government Agency crown! We hail you for the incredible contribution



March has been the most eventful month for statisticians. It's here where we witnessed the release of the final

BERGSTROM FOUNDATION DONORS COMMEND RHU: RENEW FUNDING FOR BREAKING BARRIERS PROJECT

In California, Eric and Edith Bergstrom had a dream, a dream where every family is able to bear children they can take care of. This dream has since spread its wings far and wide to benefit communities in Latin America and the eastern part of Africa.

In East Africa, Reproductive Health Uganda is among those that have benefited from the generosity of Eric and Edith. In the far East of Uganda in Bukedi region, the board chair of Bergstrom Foundation witnessed firsthand the magic the foundation funds are doing in the community.

From one-on-one sit downs with the beneficiaries, narrating their journeys of transformation through embracing SRH/family planning services; to words of praises from district leaderships; and their exciting interactions with health workers in the different health facilities supported by the project, the visiting team was amazed.

And oh, have we mentioned how their faces beamed with happiness when they saw how the funds from the foundation face-lifted the RHU Tororo clinic? That was a sight to behold, a sight frozen in a moment for them to take in all they were seeing. They couldn't hold it. And they were thrilled most by the children's corner.

Filled with pride, Janet Greig, the board chair of the foundation said, "If Eric was still alive, he would be proud of the work you are doing, you are literally living his dream that he envisioned when he was 22 years old."

"It is no surprise that the foundation thought it wise to continue funding the project for another three years because we can attest the impact of the project in the lives of Ugandans," she added.

At the offices of Tororo district leadership, pleasant smiles, warm embraces and words of praises rocked the room. And the president's representative in the district reechoed their commitment to making sure the third phase of the project is even a greater success.

So, an extension of three years means triple trust and triple hard work. And the RHU team, in the driving seat of the project, is ready for another round of impacting communities.



AFRICAN PARLIAMENTARIANS APPLAUD RHU'S WORK

It was a great honour to host such a distinguished team. A team of parliamentarians from different parts of Africa that was eager to listen to listen to RHU and its interventions in population and development; to hear first-hand from beneficiaries of population programmes.

They listened and made observations and at the end, they hailed RHU for hosting the team (as part of their field visits), and for their targeted efforts in reaching out to young people and other marginalised populations with the unique interventions.

They praised the role RHU is playing in championing sexual reproductive health in the country.

"This is a subject that a lot of people in

Africa fear to talk about, but you have come out to address it. I know you face a lot of challenges like when you come to talk to children about this topic. Parents don't want to even mention it yet if you don't do that, the problem they are facing will continue," Dr. Abdul Rahsid Hassan Pelpuo, the President of African Parliamentarian's Forum on Population and Development said.

The president of the forum couldn't hide his excitement about RHU's innovations in offering SRHR services. RHU's digital hub was a big motivation for them. A home of innovation. Ring Ring Ring, calls from clients come through RHU's toll free number. They have inquiries and questions about SRHR. Vibrant and enthusiastic young people give them a listening ear and if

beyond their handling, they refer them to RHU's clinics. The legislators observe the unfolding with joy.

Once the tours around RHU were complete, the legislators convened with the rest of RHU staff in an open conversation. They listened to firsthand to the testimonies of those who have witnessed RHU's commitment to serve the nation. Even urban refugees were there. They were grateful and asked RHU to keep on keeping on.

They interacted, they asked questions, they learned. And off they went. We look forward to sharing our knowledge with those seeking to build our continent, Africa.



RHU INTERNSHIP PROGRAMME: WHERE KNOWLEDGE MEETS PRACTICAL EXPERIENCES AND SKILLS

We have young people at heart. We strive to strengthen their employability; but also nurture their life skills and character development. We think. We plan. And explore means to make it.

Welcome to RHU's experiential internship programme. Where knowledge/theory learned in the classroom meets work place practical experiences and skills development.

The RHU Internship Programme allows a student gain valuable work insights. Most important though, the student is able to explore and develop a sense of self, beyond work and academics

The three-month programme- May – August- kicks off with a two-week training in and Community Based Reproductive Health Services Course (CBRH) that gives students an opportunity to have fundamental knowledge in SRHR and

explore hands-on experiences in community work.

After the CBRH course and community work, a student is placed under line department/unit for the rest the internship programme.

At the end the period, a student is awarded a certificate of participation if they meet the requirement of 80% attendance.

Do you think you are one of our internship programme candidate? Apply now. Send your starts application, accompanied with a university letter, your CV and a copy of your national identification card or school identification card to the RHU human resources manager, before April 20, 2024.

With our Internship Programme you are one step away from landing the skills that will drive your career growth!

What former students have said

- This experience left an enduring impact, shaping my outlook on service, healthcare, and the profound impact one can make within a community.
- Apart from the technical skills, this internship was an invaluable opportunity to hone my interpersonal skills
- My journey with RHU wasn't just about the tasks I accomplished; it was about the invaluable lessons learned and the personal growth achieved.



LEARNING FROM RHU ON INTEGRATING SRHR INTO CLIMATE CHANGE PROGRAMMING

They were here. They saw it all. They learned a thing or more. And they took back home to Kenya a bundle of lessons. To them, the trip to Uganda, to learning from RHU, was fulfilling, fruitful, fun and thrilling. The ride to Uganda's Tourism City- Fort Portal- and then to Kasese and finally to Rubirizi, hailed by the green floras and spiced up with the different types of faunas peeping in the game parks along the route, gave the visitors more than what they bargained for. This was during a learning visit to Uganda by one of RHU's Kenyan partner, Centre for the Study of Adolescence (CSA)

capacities and resilience of communities affected and prone to the hostile effects of climate change. RHU and WWF are conscious of the fact that climate change poses serious challenges to the realisation of human rights including SRH rights and gender equality. Disasters generally worsen existing gender inequalities by affecting the most vulnerable groups, especially women, girls and children. Gender inequality limits the resilience and adaptive capacity of women, families and communities when disasters strike. Thus, the need to

reducing climate change vulnerability and building community resilience and adaptation to environmental shocks

Therefore, it was only fitting for CSA- an indigenous Kenyan organisation founded in 1988, promoting adolescent and young people's health, and now promoting interlinkages between SRHR and climate change, to visit RHU and WWF Uganda for exchange learning.

At the end of the four-day visit, the five-member CSA team, led by the executive director Humphres Evelia, was appreciative of what they were able to learn. Humphres noted that they attained their objective including understanding innovative strategies for involving young people and women in SRHR and climate change initiatives; learning how to expand access to SRHR services in the context of climate change; and explored successful strategies and best practices for building stronger engagements with local communities and climate change partners such as WWF.

"We are going back with many memories that will be cherished for a lifetime. We are now going to implement better since we have learnt on which batons to press to fix some of the areas that have been blur to us," Humphres said, at the end of the visit.



Since 2008, RHU, collaborating with WWF, has invested in interventions aimed at strengthening adaptive

focus on increasing access to SRHR services and information, including advancing gender equality aimed at

OUR STAR ADVOCATE OF THE QUARTER

In a world where young people's voices are often drowned out, one advocate is standing tall and making a significant impact in the field of SRHR. Meet Arafat Kabugo, Our Star Advocate of the Quarter, a passionate youth advocate who has been at the forefront of creating programmes and advocating for policies that empower young people to make informed decisions about their sexual and reproductive health.

For most, the first quarter of the year means settling in and drawing plans for the year. For Arafat, the first quarter meant business. In January, he was sworn in as the lead of the Adolescent Health Forum committee of the Reproductive, Maternal, Newborn, Child, Adolescent, Aging

Health and Nutrition (RMNCAAH+N) CSO Uganda Platform. Ready to serve a two-year term, Arafat's re-election to this position is a testament to his exemplary leadership during his previous term on the committee.

The RMNCAAH+N CSO Uganda Platform, is a coalition of organisations dedicated to advancing RMNCAAH +N in Uganda.

Arafat's journey as an advocate began around 2016, and since then, he has been unwavering in his commitment to adolescent health and ensuring that young people have access to quality health services. Arafat notes that his motivation stems from "a deep sense of responsibility to

positively influence the lives of adolescents and young people, guiding them towards becoming responsible and productive citizens.”

One of Arafat's notable achievements is his advocacy for the establishment of youth-friendly clinics within 10 existing high-volume health facilities in Uganda. These clinics aim to provide a welcoming and non-judgmental environment, staffed by healthcare professionals trained in adolescent health, to ensure that young people feel comfortable seeking the care they need.

On a global scale, Arafat has championed the functionalisation of the Global Youth Platform for the World Bank Global Financing Facility (GFF), providing a space for youth engagement in GFF processes across Africa, Asia, and the Caribbean. At the national level, he has spearheaded various initiatives under Naguru Youth Health Network, including the development of innovative tools like the i-report community monitoring tool to enhance adolescent health interventions.

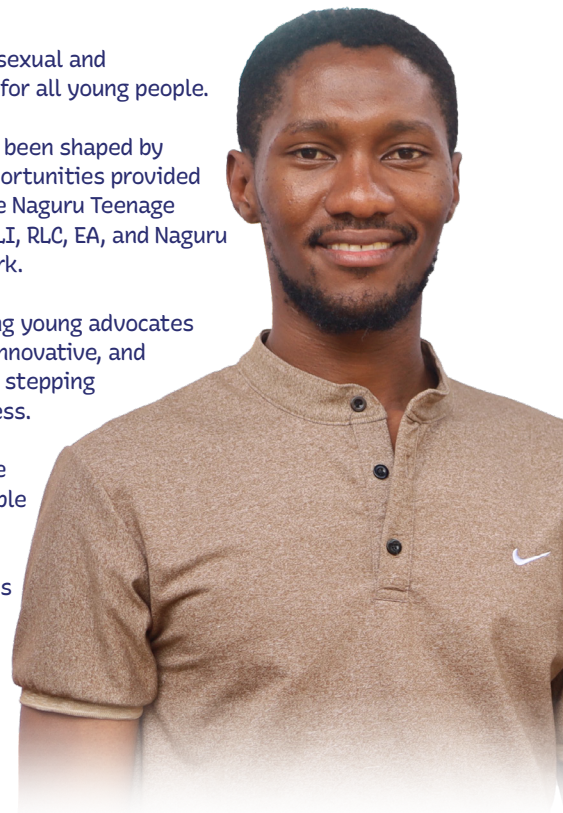
Looking ahead, Arafat plans to leverage his advocacy position to drive policy reforms at local, national, and international levels, advocating for sustainable and

universal access to sexual and reproductive health for all young people.

Arafat's journey has been shaped by the support and opportunities provided by organisations like Naguru Teenage Centre, PPD-ARO, VALI, RLC, EA, and Naguru Youth Health Network.

His advice to aspiring young advocates is to persevere, be innovative, and embrace failure as a stepping stone towards success.

In a world where the voices of young people are instrumental in shaping the future, Arafat Kabugo stands as a beacon of hope and our shining star advocate of the quarter.



WHEN UGANDA HOSTED DFPA PARTNERS CONFERENCE 2024

By all standards, it was a successful and fruitful event. The first of its kind, hosted by Uganda, it attracted partakers from six countries: Denmark, Ethiopia, Kenya, Morocco, Tunisia and Uganda. Celebrating 30 years of providing sexual reproductive health rights of populations in different countries, in March 2024, the Danish Family Planning Association (DFPA), convened the inaugural DFPA Partners Conference. The convening attracted more than 50 participants from the five countries. These included representatives of the five DFPA Uganda partners- CEHURD, FUE, HRAPF, RAHU and yours truly- RHU.

The major areas of focus included discussing partnership development- agreeing on how to build and strengthen collaboration between DFPA and the partners; held two learning hubs- one on global advocacy, with RHU and others countries, sharing their experience on how to link national to global advocacy to promote an impactful change. Then the youth engagement

and empowerment learning hub that provided a platform for joint learning and reflection on youth approaches and engagements in the different countries.

On day one, the convening was joined by a team from the Danish Embassy in Uganda led by the deputy head of mission, who reiterated Denmark's campaign for a non-permanent seat on the UN Security Council for the period of 2025-26; and Denmark's future African engagements, looking at a new Danish Africa plan that is to rethink previously held assumptions about the continent; to recognising Africa's potential, focusing on the productive potential of natural

resources, youth, migration, and opportunities for mutual benefits.

The conference was a platform for knowledge sharing, especially on how to enhance organisational learning and growth. Under this, there were different thematic sessions where RHU explored normalising discussions on contraceptives including condom use... Well, RAHU had the most engaging session when it gave participants an opportunity to bring out the Picasso in them by displaying their painting talents.



INTERNATIONAL WOMEN'S DAY: RHU PARTNERS WITH THE OFFICE OF THE VICE PRESIDENT AND VISIONARY WOMEN UGANDA TO EMPOWER GIRLS

"Don't wait for a girl to become a woman to empower them. Empower a girl by giving sanitary pads to them. With pads, we give them wings," said Hon Victoria Rusoke, Minister of State for Local Government and a member of the Visionary Women Uganda.

Hon Rusoke, who is also the Board Chairperson of RHU, said this at one of the pre-events organised by the Office of the Vice President, Visionary Women Uganda and RHU to commemorate the International Women's Day 2024 in Katakwi district. Recognising the transformative potential of menstrual health education, the events featuring menstrual health trainings and information aimed at equipping young women and girls with the knowledge and skills to create reusable menstrual pads, empowering them to manage their periods effectively.

RHU led a training programme that empowered over 500 students from four schools in Katakwi district with the skills to make reusable sanitary pads. Additionally, RHU provided crucial information and guidance on menstrual health

hygiene and management to both teachers and students, emphasising the importance of access to menstrual health education and affordable products in enabling women to pursue their education and career aspirations without disruption.

Hon Rusoke highlighted the importance of embracing periods as a symbol of inner strength and empowerment, urging women to see their menstrual cycles as a source of motivation rather than a hindrance. She underscored the pivotal role of menstrual health in women's overall

well-being and empowerment, shedding light on the challenges faced by girls in Uganda during their periods.

As the nation commemorated International Women's Day, the RHU board chair, Hon Rusoke, called for increased attention to women's fundamental needs, including menstrual health, and the provision of essential products to empower women to take charge of their bodies and lives.

By supporting women on their menstrual health journey, society takes a significant stride towards gender equality, women's empowerment, and positive social change.



STAR DONOR OF THE QUARTER

And the Star Donor of the Quarter Crown Goes to..... a partner indeed. Not only a partner but a friend. A friend who is always looking out on how to make the partnership stronger and mutually inclusive. In the area of resource mobilisation, you always take lead. On capacity strengthening of partners to make partner institutions more effective, we applaud you. Enhancing exchange learning of partners from different countries, you excelled at the first attempt. Listening to partners and considering their feedback- you have been exemplary. Hence, we extend a big thumbs up to you!

This first quarter of 2024, the Danish Family Planning Association (DFPA) you indisputably deserve the SRHR Spotlight Newsletter- Star Donor crown□□□□.

At the beginning of the year 2024, you never waited for the current piece of meat to get depleted before we could work on getting another. You reached out to us- your partners in Uganda, Kenya and Denmark. You reached out to raise more resources to plough into interventions to promote equality of key populations in Kenya and Uganda. This will assure partners of more funding to sustain efforts towards improving the lives of marginalised communities for the next four years.

The technical support you extended to partners in Uganda to improve organisational M&E systems and photographic skills of their communications teams have enhanced efficiency in these areas.

The climax of the quarter was

convening the maiden DFPA Partners Conference, attracting participants from Denmark, Ethiopia, Kenya, Morocco, Tunisia and Uganda the host. This enabled participants to have a platform to engage in mutual discussions, provide feedback to DFPA, share experiences and learn from each other.

We can't forget your efforts to ensure that the voices of African civil society continue to be heard- giving African partners an opportunity to have their say in the Danish civil society policy briefings to the Danish Ministry of Foreign Affairs.

Therefore, the SRHR Spotlight Newsletter 2024 bestow you with the pinnacle of the Star Donor of the Quarter



INTRODUCING OUR NEWLY APPOINTED DIRECTOR OF PROGRAMMES: ANNET KYARIMPA MUGABE

We are thrilled to announce the appointment of Annet Kyarimpa Mugabe as the new Director of Programmes at Reproductive Health Uganda (RHU). Annet, who has been serving in an acting capacity since May 2023, was officially confirmed in her role during the recent board meeting.

Annet's appointment marks a significant milestone as she becomes the first female director at RHU, bringing a wealth of experience and dedication to her new position. Prior to her current role, Annet served as the safe motherhood manager at RHU, where she demonstrated exceptional leadership and commitment to advancing sexual and reproductive health initiatives.

With her proven track record of driving impactful programmes and advocating for women's health and rights, Annet is poised to lead RHU's programmes to new heights. Her passion for promoting safe motherhood and improving access to quality reproductive healthcare will undoubtedly make a lasting impact on the communities RHU serves.

We extend our heartfelt congratulations to Annet Kyarimpa Mugabe on this well-deserved appointment. Her leadership, vision, and dedication will undoubtedly contribute to the continued success and growth of Reproductive Health Uganda. We look forward to witnessing the positive impact she will make in her new role.



ONE PLACE, ONE CONVERSATION, ONE VISION

Imagine a place where all like-minded people converge. They congregate because they have one vision. A vision where every girl, every woman never experiences any form of gender-based violence. To attain this vision, they must have a conversation. A conversation to reflect on their achievements, best practices and lessons learned.

They converge to have a conversation to strategise on how best to raise awareness on key issues amongst communities and duty bearers. And to strategise how best to network and engage the duty bearers to improve the policy environment.

A consortium of CSO's under the Power to Youth Project, collaborating with likeminded partners are storming the space. A mega conference is coming your way – it is the Annual SRHR Knowledge Sharing Conference 2024.

The conference will focus on four streams: Gender, GTA, Climate change and SRHR, Media. A donor café, a space to interact with donors. Prepare and submit your pitch and ideas.

Be there or be there: it is June 2024

Government officials will be there, the donors will be there, the policy makers will be there and the academia won't miss. See you there.



STAR CSO OF THE QUARTER

They dared to navigate the murky waters. The purpose! To trigger discourses about challenging and complex conversations surrounding SRHR. Surely, they nailed it. Taking SRHR into the cinema screens is a great milestone and we congratulate you! And then, graduating 80 young people who successfully completed the 10th cohort of the Peer Educators Academy, we give you a plus and you win yourself the first crown of the SRHR Spotlight Newsletter, Star CSO of the Quarter. We are talking about Reach A Hand Uganda (RAHU)

In February, RAHU premiered the Sabotage at Century Cinema Acacia Mall. A film aimed to demystify challenging or complex conversations surrounding unsafe abortion, sexual violence, and their impact on victims and communities. The film, though

dramatic, resonates deeply with the audience with relatable scenarios. RAHU intends to use it as an advocacy tool to improve women's health and well-being. The premiere was a success. And the audience had the rare opportunity to interact one-on-one with the cast crew, and they were ecstatic. Since the premier RAHU has managed to do eight more screenings in the cinema and also partnered with FIDA to do two university screenings at Cavendish University and Makerere University at the law faculty.

Besides premiering the Sabotage, RAHU celebrated the graduation of its 10th cohort of the Peer Educators Academy, a programme that took place the entire month of January 2024 and involved 80 young participants. Throughout the

academy, the young people received training in various aspects of SRHR, equipping them to advocate for SRHR within their communities through volunteer work. Following graduation, they entered an 11-month fellowship where they were placed in different schools to conduct peer learning sessions. This fellowship also provides them with insights into various projects and community work, allowing them to apply their knowledge in the real world while growing personally and professionally. They were given opportunities and platforms to be at the forefront of change.

For this and more, the SRHR Spotlight Newsletter to excited to award you the Star CSO of the Quarter- Congratulations RAHU





WE ARE MADE FOR BIG STAGES

New York, the concrete jungle where dreams are made of, there is nothing you can't do when you are in New York and that's exactly what the Power to Youth project did.

In the Turtle Bay neighborhood of Midtown Manhattan at the headquarters of the United Nations, we united for a cause, to end poverty among women.

The theme resonated with the work that we do on a daily basis. "Accelerating the achievement of gender equality and the empowerment of all women and girls by addressing poverty and strengthening institutions and financing with a gender perspective."

Backed by the Ugandan government, we held a panel session

showcasing how our project has empowered local leaders for a gender inclusive education initiatives. The room filled to capacity, we heard the tales of the transforming work in the pearl of Africa. To mention but a few, we let them in on our interventions to build capacity of local leaders in gender transformative approaches which has resulted into formulation of gender strategies, engaged in sensitisation meetings and dialogues for community leaders to transform traditional chiefs from custodians of age-old customs, facilitating policy dissemination and much more...

At the end, we reaffirmed our commitment to harness the full potential of empowered women and girls who will spearhead socio-economic transformation in our pearl.

BECAUSE LEARNING NEVER STOPS..... WE BRING TO YOU THE SRHR ACADEMY

Are you a health worker ambitious to learn more about SRHR? Are you a young person, student, community leader, e.t.c. interested in the SRHR ecological niche? Are you inspired to understand key principles, concepts, and practices related to SRHR? Burden yourself no more. We are here to quench your worries.

Our Learning Centre has launched the SRHR Academy, certificate courses in SRHR specifically for you. The academy's curriculum spans a wide spectrum of topics including family planning, maternal health, HIV/AIDS prevention, gender equality, adolescent sexual health, SRHR legal and policy frameworks, and communication and advocacy for SRHR.

The SRHR Academy aims to equip individuals with the necessary knowledge and skills to effectively promote and advocate for SRHR. Participants will discuss on the latest developments in the SRHR field with colleagues and experts; develop a network of colleagues from within and other countries and acquire enhanced knowledge and practical skills in working methods in the SRHR area.

Boosting human capital is our nature and now we are taking it to greater heights. By fostering strategic partnerships and leveraging digital platforms for community outreaches

and education, RHU aims to transcend traditional models of capacity-building and emerge as a beacon of excellence in SRHR education.

Don't forget to reach out to us, when you want to strengthen your SRHR knowledge and skills

